

21 September

**Interdisciplinary meeting of the Latvian Association of
Gynaecologists and Obstetricians "How a Woman Can
Increase the Number of Years Lived Healthy"**

Conference hall No. 1

- 14:00–15:00 **Registration. Visiting Medbaltica 2023 exhibition**
- 15:00–15:30 **Age-related Neurocognitive Changes – What Do You Need to Know
About Dementia?**
Dr. med. Viktorija Kēniņa
- 15:30–16:00 **Ageing Without Growing Old – an Endocrinologist's Perspective**
Prof. Ilze Konrāde
- 16:00–16:30 **Important Aspects Regarding the Quality of Sex Life in Middle Age**
MD Ieva Briedīte
- 16:30–17:00 **Coffee break. Visiting Medbaltica 2023 exhibition**
- 17:00–17:30 **Hormone Therapy for Menopause – the Elixir of Youth?**
MD Dace Matule
- 17:30–18:00 **Quality Life for Women – an Oncologist's Perspective**
- 18:00–18:30 **Updating Osteoporosis**
MD Maija Gurēviča