

21 September

## Conference of the Latvian Dental Association

*Conference hall No. 3*

09:30–10:00    **Registration**

10:00–10:55    **The Latest on Minimally Invasive Dentistry**

Ieva Jeļisejeva, DDS, GC Nordic Advisor and Key Account Manager for Latvia,  
Rīga Stradiņš University Institute of Stomatology

11:00–11:55    **Innovative Solutions. The Use of Single-Shade Composites in Everyday Practice. Single Dose Flowable Composites. What to Do if Intraoral Composite or Ceramic Defect Reparation is Needed**

MD Irēna Delle, Kulzer Nordic Clinical Representative in Latvia

12:00–13:00    **Basic Principles of Minimally Invasive Dentistry**

Anete Strēle, DDS, dentist, lecturer at the Faculty of Dentistry, Rīga Stradiņš University  
Institute of Dentistry  
*Supported by Philips Sonicare*

13:00–14:00    **A Physiotherapist's Perspective on Ergonomic Methods**

**in the Treatment and Prevention of Health Problems Caused by Forced Postures. With practical examples**

*Mg. sc. sal.* Marika Briede, certified physiotherapist, Guest lecturer of the ergonomics course at Rīga Stradiņš University  
and the sling therapy course of the Latvian Academy of Sport Education. *Supported by SIA Altex*

14:00–15:00    **Improving Oral Health with BlueM Means Going from Minus to Zero and from Zero**

**to 100**

Danuta Rumjanceva, BlueM Representative in the Baltic states