

**Conference of the Latvian Medical Association (LMA) and the Latvian Association of Gynaecologists and Obstetricians**

**"Health of a young woman"**

**19 September**

10.00–12.00	Registration
12.00–12.10	Opening statement for participants of the conference Prof. Viesturs Boka, board member of the Latvian Medical Association; Vija Veisa, President of the Latvian Association of Gynaecologists and Obstetricians
12.10–12.40	"Mental health of young people" Lecturer: Ilze Mežraupe, psychiatrist, psychotherapist
12.40–13.10	"Nutritional therapy options in the case of eating disorders in young people" Lecturer: Olga Ļubina, nutritionist
13.10–13.40	"Most common endocrine problems in teenage girls and young women" Lecturer: Jurgita Gailīte, endocrinologist
13.40–14.00	Coffee break
14.00–14.30	"How the internet affects the value system and reproductive health habits of young people" Lecturer: docent Dr med Anda Ķīvīte-Urtāne, council member of the association "Papardes zieds"
14.30–15.00	"Gynaecology that is friendly to young women" Lecturer: Ieva Briedīte, gynaecologist
15.00–15.30	"Does the development of non-infectious diseases start before birth, and is it possible to reduce the risk?" Lecturer: prof. Dace Rezeberga, gynaecologist, obstetrician
15.30–15.45	Coffee break
15.45–16.15	"Acute cystitis and other urological problems in young women" Lecturer: Zane Pilsētņiece, urologist
16.15–16.45	"Vaccination of young people against HPV - impact on health during further life" Lecturer: docent Dr med Jana Žodžika, gynaecologist, obstetrician
16.45–17.15	"The skin of a young woman" Lecturer: Lauma Valeine, dermatologist, venereologist
17.15–18.00	Questions and discussions

Chairs of the conference: Dr Vija Veisa and prof. Viesturs Boka.

Agenda will be updated.

Minor changes may occur in the agenda.

Participation in the conference grants 7 further education points for medical practitioners, 6 further education points for pharmacists and pharmacist assistants.

Participation fee: till 04.09 (inclusive) - EUR 15 for all participants; from 05.09 to 18.09 - EUR 20 for all participants; on the conference day - EUR 30 for all participants. For members of the Association of gynaecologists and obstetricians - as defined by the Association.

Conference participation fee includes entry to the exhibition "Medbaltica 2019". Participation fee is not refunded in the case of non-attendance.

Registration for the conference is performed electronically in the conference registration system of the Latvian Medical Association *lab.arstubiedriba.lv*, in the section "Conferences", by clicking the menu *Apply* opposite the title of the chosen conference.

Participation in conferences organised by the LMA and the collection of further education points is ONLY possible with the participant card for LMA further education activities. If you don't have the card yet, please send a photo to the e-mail address: [konference@arstubiedriba.lv](mailto:konference@arstubiedriba.lv). Cards can be collected in the secretariat of the LAM or before each conference.

CERTIFICATE of conference attendance is only generated if the participant scans his/her card before and after the conference. Participants are allowed to scan their own card only. Card is confiscated if scanning of another person's card is detected. After a conference, the certificate is available on the website [www.arstubiedriba.lv](http://www.arstubiedriba.lv) or [lab.arstubiedriba.lv](http://lab.arstubiedriba.lv), in the section "My profile".

Information: Latvian Medical Association, Division of education projects, by phone: 67240428, or by e-mail [konference@arstubiedriba.lv](mailto:konference@arstubiedriba.lv), as well as [www.arstubiedriba.lv](http://www.arstubiedriba.lv).