

Interdisciplinary Conference of the Latvian Medical Association
“Heart Health at Different Ages: Prevention, Affecting Factors”
20 September

10.00–12.00	Registration
12.00–12.30	“Heart health education” Lecturer: Prof. Andrejs Ērglis, cardiologist
12.30–13.00	“Depression as an insufficiently well-known risk factor for heart diseases” Lecturer: Jeļena Vrubļevska, Docent, psychiatrist
13.00–13.30	“Impact of smoking and pulmonary pathologies on heart health” Lecturer: Prof. Alvis Krams, pneumologist
13.30–14.00	Coffee break
14.00–14.30	“Myocarditis – risk factors, diagnosis and treatment” Lecturer: Ainārs Rudzītis, M.D., cardiologist
14.30–15.00	“Obesity – the cause of chronic diseases” Lecturer: Prof. Ilze Konrāde, endocrinologist
15.00–15.30	“Woman’s heart health during menopause” Lecturer: Daiga Baranovska, gynaecologist, obstetrician
15.30–16.00	Coffee break
16.00–16.30	“Day-to-day physical activities for heart health at different ages” Lecturer: Sandra Rozenštoka, sports medicine doctor
16.30–17.00	“Heart health and chronic kidney disease – challenges for treatment” Lecturer: Kārlis Rācenis, internist
17.00–17.30	“What is healthier for a Latvian - Mediterranean or North Sea diet?” Lecturer: Iveta Mintāle, M.D., cardiologist
17.30–18.00	Discussion

Moderators: Dr. Iveta Mintāle and Prof. Gustavs Latkovskis.

Programme will be updated.

Programme is subject to change.

12 continuing education points for participation in the conference are awarded to medical practitioners, 6 continuing education points – to pharmacists and pharmacist assistants.

Participation fee: by 4 September (including) – EUR 20 for the individual members of Latvian Medical Association (LĀB), residents, students, doctors' assistants, functional specialists, nurses; EUR 35 for other participants; 5–19 September (including) – EUR 30 for the individual members

of Latvian Medical Association (LĀB), residents, students, doctors' assistants, functional specialists, nurses; EUR 45 for other participants; on the conference day – EUR 50 for all participants.

Participation fee includes the "Medbaltica 2019" exhibition tour. In the case of absence, the participation fee will not be refunded.

Register for the conference online in the LĀB conference registration system lab.arstubiedriba.lv, section "Conferences" by clicking "Register" beside the title of the selected conference.

Participation in the conferences held by LĀB and registration of continuing education points can ONLY be made with a participant card of LĀB continuing education events. If you do not have a card yet, please send a photo to konference@arstubiedriba.lv. Collect your card at the LĀB Secretariat or before each conference.

A Conference Attendance CERTIFICATE is generated only if a participant scans his or her card both at the beginning and at the end of the conference. Participants are only allowed to scan their own card. Scanning a card belonging to another person will result in the confiscation of the card. After the conference, the Attendance Certificate will be available in www.arstubiedriba.lv or lab.arstubiedriba.lv Section "My profile".

For further information contact the LĀB Education Project Department, phone: 67240428, e-mail: konference@arstubiedriba.lv, or visit the website www.arstubiedriba.lv.