

# II BALTIC REGIONAL CONFERENCE "AROMA POWER: HEALTH, BEAUTY, ABUNDANCE" "Baltic Beauty 2018", Kipsala International Exhibition Centre 2 November 2018

Conference room No. 1

The Aroma Power: Health, Beauty, Abundance Conference provides a unique opportunity to get an insight into the effects of essential oils on the human body, the healing secrets of essential oils, as well as their health, beauty and wellbeing benefits. Visitors will receive gifts, acquire new and supplementary knowledge in aromatherapy, draw inspiration from great speakers and aromatherapists from Latvia, Lithuania, Great Britain, France and the United States.

**Organiser:** Aroma Life Institute

## AGENDA

- 9.45 Registration
- **10.00** Opening remarks
- **10.15** Aromatherapy: wisdom of the past discoveries of the present Dale Billeter (USA)
- **11.15** Essential oils for transformation Aļona Zaporožčenko (Latvia)
- **12.10 Essential oils in healing. Work with energy centres. Aura camera** Irina Baidake (Latvia)
- **12.40** The cost of health ... drug side effects. The Healing Power of Essential Oils Inese Zira (Latvia)
- **13.10 Essential oils to protect and strengthen your energy** Viktorija Korņejeva (Latvia)
- 13.30 Lunch
- **15.00** Aesthetic aromatherapy: anti-age Edīte Ivaņņikova (Latvia)
- **15.30** Savvy Minerals beauty without chemicals Dzintra Čevere (Latvia)
- **15.50** Aromatherapy for children Erika Gintaliene (Lithuania)
- **16.20** Aroma Sport and Aroma Yoga the path of energy and health Olesja Krasovska (Latvia)
- 16.40 Break
- 17.00 Aroma painting in aroma psychology: removal of blockages

Elyana Zakharova (Russia)

- **17.20** Aroma Life Style: inspiring trips, meetings and discoveries Mira Urboniene (Great Britain, Lithuania)
- **17.50 Essential oils for goal setting and achieving** Anna Maria (France)

### **18.40** Closing remarks

#### **SPEAKERS**

**Dale Billeter** (USA): a brother of Mary Young, a founder of Young Living. He has held several positions at Young Living and is currently the Director of International Business Intelligence and a world-class coach. He worked in the field of medicine, psychology and law. Dale is a member of the National Leadership Training Team for 11 years, teaching new leaders how to become good leaders. Ambassador for essential oils, enjoys teaching and demonstrating how effectively quality essential oils can help people of all ages.

**Ajona Zaporožčenko** (Latvia): a beautiful, wise woman, teacher, systemic and family therapist, practitioner of the Family Constellation Method by Bert Hellinger and EFT, Vedic astrologer, yoga instructor, practitioner of Sat Nam Rasayan healing, co-founder of Aroma Life and Aromatherapy Institute. Her field of activity: connection between body, spirit and soul. <u>www.astrovedapsychology.com</u>

**Mira Urboniene** (Great Britain, Lithuania): a wellbeing advocate, lector, entrepreneur, an actress and creator of multiple brand identities. All these various roles and passion for Essential Oils and Communication help her to inspire people to take responsibility for their own health and wellbeing. She believes that by simply supporting and strengthening the body with a healthy lifestyle and proper nutrition, one can improve the quality of life and find both a mental and physical balance in life. She also believes that it is all about lifestyle, once we start enjoying the process and start doing everything we do with love and smile; the body will take care of itself. Mira's idea to create Aroma Life Institute was based on a desire to share our knowledge and enthusiasm among everyone who aspires growth regardless of borders and languages. www.aromalife.eu/

**Anna Maria (France)**: holistic health coach, olfactotherapist, aromatologist, aromatherapist at the School of Integrative Aromatherapy (Paris), functional nutrition expert, teacher, coach and consultant. Co-founder of Aromatherapy Institute, an online school of integrative aromatherapy, certified facilitator of Transformation Game®, certified instructor and coach of interpersonal communication Karpman Process Model® (Transactional Analysis), Process Communication Model®, Reiki instructor at the French Academy of Traditional Reiki, expert in body-oriented and manual therapy, nutritherapy and nutritionology. www.aromatherapy-institute.com/

www.aroma-coaching.fr/detox-rus

**Viktorija Korņejeva** (Latvia): a beautiful elegant woman, well-known tarologist, founder of Viktorija Korņejeva School, organiser of the international esoteric festival Destiny's Gift, director of the Alegria Event Center Agency, head of the EzoteRīga club, entertainment artist. <u>www.esotericfestival.com/</u>

**Irina Baidake** (Latvia): a member of the International Training and Health Society of Traditional and Alternative Medicine, member of international congresses of cosmoenergy, summits and forums of traditional folk medicine and healing, member of the World Health Organization (WHO). <u>www.healthenergy.lv/</u>

**Dzintra Čevere** (Latvia): Dzintra fell in love with aromatherapy from the first "breath". She has been studying various healing methods, including nutriology, body massage and the Raindrop technique. Always happy to share her experience in using essential oils. "Essential oils have opened up to me a wonderful world – a world that helps people come closer to nature, a world rich in beautiful events and wonderful journeys, a world full of beauty, psychological and physical health, well-being and harmony at all levels."

**Elyana Zakharova** (Russia): an aroma consultant, art therapist, cosmetologist, healthy nutrition consultant, leader of Stay Slender and Beautiful programmes for women, organiser of aromatherapy conferences and trips.

**Edite Ivaņņikova** (Latvia): practitioner of aroma cosmetology, holistic aromatherapist, SPA technologist, chemist, olfactologist, Reiki master.

**Inese Zira** (Latvia): "Open the door to the world of essential oils and meet yourself". Inese Zira, Mg. psych. Is a clinical psychologist with expertise in child and family counselling. Works in the pharmaceutical sector for more than 10 years. Inese believes that aromatherapy is a holistic approach to life and human health.

**Olesja Krasovska** (Latvia): A Kundalini yoga teacher who uses in her classes essential oils, which in combination increases several times the beneficial effects on the body. She also plays a gong - an instrument that is capable of changing and transforming human consciousness, and practices the Sat Nam Rasayan meditative healing technique.

**Erika Gintaliene** (Lithuania): Erika has a degree in economics. She is a mentor and Gold Ambassador of Young Living by vocation. Instructor of the Raindrop and Vita Flex massage technique. She is a beautiful and cheerful woman who knows what does it mean to take care of her children's health.

## Register and buy tickets here:

https://tickets.paysera.com/ru/event/konferencia-aroma-power-zdorove-krasota-izobilie-8004

## Participation fee: EUR 28

## Fee includes:

- $\checkmark~$  Participation in the conference
- ✓ Coffee break
- ✓ A two-day ticket to the "Baltic Beauty 2018" fair.



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